

**Recommended 1-to-1 or Small Group Discipleship Resources –
from Evangelism → Follow-up → Nurture → Equipping**

1. Evangelism

Title	Author	Format	Comments
<u>Christianity Explained</u>	Michael Bennett	Course	Strengths: concise 6-week course; timelessly popular and effective; deep truths made simple and thus a great help teaching even Christians the centre of the Gospel. DIY or use accompanying DVD. Weaknesses: assumes / depends on something of a Christian worldview
<u>Simply Christianity</u>	John Dickson	Course	Strengths: concise 5-week course; has an accompanying / stand-alone book by John Dickson. Weaknesses: as above with CE
<u>Introducing God</u>	Dominic Steele	Course	Strengths: Begins with Genesis to present the Christian worldview before presenting the Gospel; has accompanying / stand-alone book and optional video talks given by Dominic Steele; intended to function like the Alpha Course (a small group in a relaxed, food-based setting). Weaknesses: long (8+3 sessions)
<u>A Fresh Start</u>	John Chapman	Book	A timeless classic, written by an Aussie for Aussies; straight talk; contains some apologetic material; leads the reader to 'pray the prayer' if they want to
<u>The Case for Christ</u>	Lee Strobel	Book	Written by a lawyer converted through his detailed apologetic investigations
<u>More than a Carpenter</u>	Josh McDowell	Book	An older book, but a short, timeless classic for apologetics. It's been revised with Josh's son's input for contemporary readers and arguments.
<u>A Sneaking Suspicion</u>	John Dickson	Book	Fantastic for teens, asking and answering existential questions that lead to Jesus
<u>A Hell of a Life</u>	John Dickson	Book	Fantastic for teens – looks at the uniqueness of Jesus' life and words
<u>Uncovering the World</u>	Jonathan Carswell	Book	Written for international uni students; a highly-readable book of testimonies from converted International students who studied in the UK

2. Follow-Up

Title	Author	Format	Comments
Just for Starters (JFS)	Matthias Media	Studies	7 very easy to use studies covering the basics; deceptively simple; make it a discipleship staple! A preparation manual for the 'leader' is also available.
Back to Basics	Matthias Media	Studies	A more-comprehensive version of Just for Starters, written more for Christians to return to the basics of the Christian life.
Christian Living for Starters	Matthias Media	Studies	7 studies in the same format that build on JFS, covering further elements of Christian living and sanctification
Beginning the Christian Life	Richard Bewes	Book	Written in the British context, but comprehensive and anticipates lots of questions asked by brand new Christians
Starting Strong, Staying Strong	David Cook	Book	Adapted from a series of sermons preached by David Cook at SMBC (and reads a bit like it)
Kicking Off	Ed Vaughn and Al Stewart	Book	Written for teens/youth by 2 Aussie men, so it's very down-to-earth and readable. Its chapters have the same titles as JFS so it's well-used in tandem with the JFS studies. Possibly because it's no longer in print, it's available in full as a PDF here .
Right Side Up	Paul Grimmond	Book	New from Paul Grimmond about the upside down life Christians live compared to the rest of the world
The Stranger on the Road to Emmaus	John Cross	Book / Course	A very helpful, step-by-step explanation of the single story of Scripture (Biblical Theology). Long but comprehensive. May be used with the DVD-book which is excellent for the visual teaching aids. May also be used as an evangelistic book.

3. Nurture

Title	Author	Format	Comments
The centrality of the gospel	Tim Keller	Paper	“One of the best discipleship docs around!” (Steve Nation thinks). It’s only 12 pages, but sums up all of Tim Keller’s other works. It is gospel-centred, pastoral, challenging, encouraging – a great paper to read, share, read with others, give away.
The Heidelberg Catechism		Document	The Heidelberg Catechism is the most influential and most generally accepted catechism from the Reformation era. Full of theological truth and pastoral warmth.
The Westminster Shorter Catechism		Document	Another great historical document packed with profound theological truth. Great for reading 1-on-1 with other Christians, or in personal devotions.
How to read the Bible for all its worth	Gordon Fee and Douglas Stuart	Book	Kind of ‘BLT Strand 1’ in book format – an excellent reference book for every BC3ers’ bookshelf
Living the Cross-centred Life	CJ Mahaney	Book	Keeping the main thing the main thing – this book answers both why and how the gospel of the Lord Jesus must shape our identity, thought, word and deed.
The Prodigal God	Tim Keller	Book	An enormously important and convicting book about how BOTH the sin-stuck pagan AND the morally self-righteous need rescuing by God’s lavish, ‘prodigal’ grace
A Sinner’s Guide to Holiness	John Chapman	Book	‘Chappo’ clearly explains what holiness is, how God works it in us, and what we’re supposed to do about it until we are perfected when Jesus comes again.
A Foot in Two Worlds	John Chapman	Book	‘Chappo’ helps the reader understand how we’re supposed to live in the tension between this fallen world and our promised heavenly inheritance
Just Do Something	Kevin DeYoung	Book	THE book to read on Guidance: what is God’s will for me and how am I supposed to know it and do it.
Bitesize Theology	Peter Jeffery	Book	Profound truth in short, easy to read chapters. This is a great introductory Systematic Theology book for Strand 3’ers.
Knowing God	J.I. Packer	Book	The timeless classic introducing Christians to deeper, life-changing theology

4. Equipping

Title	Author	Format	Comments
Promoting the Gospel	John Dickson	Evangelism Course & Book	Evangelism can be hard – but that is often because we make it hard. John Dickson gently helps us be confident in the gospel, as well as confident proclaimers of the gospel (through word <i>and</i> deed).
Everyday Evangelism	Stephen Abbott	Evangelism Course	A simple yet very helpful four-session evangelism training course that covers 1) You are wired for witness 2) Sharing your story 3) Getting the facts straight 4) Handling tough questions. Good for small groups or 1-on-1's.
Six steps to reading your Bible	Tony Payne (Matthias Media)	DVD Course	Do you ever wonder how you might help your church read the Bible like you've learnt at BLT? This six session, DVD-based course is ideal for small groups, and teaches the basics of the how and why of reading the Bible
Six steps to Encouragement	Gordon Cheng (Matthias Media)	DVD Course	A six-session DVD-based course ideal for small groups, and teaches the basics of how to encourage others with God's word. Highly recommended.
Leading Better Bible Studies	Rod and Karen Morris	BS Leading Course	This is an absolute cracker – should be a foundational tool in every church. It covers the process of writing Bible Studies (a la Strand 1), how to lead Bible studies, how to grow as a leader and how to pastorally care for the people around you (and under you). Practical, pastoral, profound – so get it!
Growth Groups	Colin Marshall	BS Leading Course	“Despite appearances, this is not another book about small group ministry. Growth Groups is a 10 week practical, 'hands-on' training program to develop effective small group ('Growth Group') leaders. A training program useful for all Christian ministry, not just Growth Groups, because it deals with the fundamentals of gospel work.” (similar to LBBS)
How to give a Bible talk aka How to speak at special events	SMBC Press	Book	All you need to know about giving a short or long talk, writing a Bible study, growing as a leader. A treasure-trove of practical advice.

